

HORARIO DE ACTIVIDADES COLECTIVAS SEPTIEMBRE 2017

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
8:00 8:50	MIND BODY	FAST FITNESS		PILATES	BODY PUMP	
8:00 8:50		SCHWINN CYCLING	SCHWINN VIRTUAL	SCHWINN CYCLING		
9:30 10:30	BODY PUMP	PILATES	ZUMBA	ESPALDA SANA	STEP	
09:30 10:30		KENPO		KENPO		
10:30 11:30		SCHWINN CYCLING	MIND BODY	SCHWINN CYCLING	ZUMBA	
10:30 11.30	SCHWINN VIRTUAL	KOBUDO		DEFENSA FEMENINA	SCHWINN VIRTUAL	
11:00 12:00						CROSSFITNESS
12:00 13:00						ZUMBA
12:00 13:00	SCHWINN VIRTUAL	SCHWINN VIRTUAL	SCHWINN VIRTUAL	SCHWINN VIRTUAL	SCHWINN VIRTUAL 12:00 Y 14:00	SCHWINN CYCLING
14:00 15:00	SCHWINN CYCLING	BODY PUMP	SCHWINN CYCLING	G.A.P.	CROSSFITNESS	
14:30 15:30	ZUMBA		ZUMBA			
16:00 17:00	SCHWINN VIRTUAL	SCHWINN VIRTUAL	SCHWINN VIRTUAL	SCHWINN VIRTUAL	SCHWINN VIRTUAL	
17:00 18:00		KENPO		KENPO		
17:00 18:00	SCHWINN CYCLING	ZUMBA	SCHWINN CYCLING	CROSSFITNESS	SCHWINN CYCLING	
18:00 19:00	GAP	BODY PUMP	PILATES	BODY BALANCE	BODY PUMP	
18:00 19:00	KENPO INF.	KENPO INF.	KENPO INF.	KENPO INF.		
19:00 20:00	PILATES	BODY BALANCE	ESPALDA SANA	STEP	FREE DANCE	
19:00 20:00	SCHWINN CYCLING	KOBUDO	SCHWINN CYCLING	HIIT BOX		
20:00 21:00	ZUMBA	BOXING	BODY PUMP	ZUMBA	BODY BALANCE	
20:00 21:00	SCHWINN CYCLING	SCHWINN CYCLING	SCHWINN CYCLING	SCHWINN CYCLING	WOLF SYSTEM 20 A 21:30	
21:00 22:00	BODY PUMP	CROSSFITNESS	BODY BALANCE	BODY PUMP		
21:00 22:15		KENPO		KENPO		

RESERVA DE BICICLETA ONLINE EN WWW.MUSCLE-CENTER.COM

HORARIO DE LUNES A VIERNES DE 08:00 A 23:00

SABADOS DE 09:00 A 14:00

ÚNETE A NOSOTROS EN WWW.FACEBOOK.COM/MUSCLECENTER